

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verluyten Philippe

Coaches: Hanssens Yash

Coaches: Michiels Hans HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 51: 200M BREASTSTROKE MEN 15-16							Heat:2, starttime: 09:03	
Heat: 2/2 Lane : 5 Athlete: SCIACCA LEANDRO							Q-time: 02:28:07	
PB (25m pool): 02:28.07 Temse 21/12/2025				PB (50m pool): 02:31.25SB: 02:33.60 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.13		01:11.71		01:48.96		02:28.07
	00:33.13		00:38.58		00:37.25		00:39.11	
								

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12							Heat:3, starttime: 09:22		
Heat: 3/9 Lane : 6 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN							Q-time: 01:30:47		
PB (25m pool): 01:32.89 Sint-Amandsberg 18/10/2026				PB (50m pool): 01:30.47 SB: 01:32.89 Sint-Amandsberg 18/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		00:40.98		01:32.89					
	00:40.98		00:51.91						
									

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12							Heat:5, starttime: 09:44	
Heat: 5/10 Lane : 4 Athlete: LALOO FéLINE							Q-time: 01:26:51	
PB (25m pool): no time				PB (50m pool): 01:26.51 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

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Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:10, starttime: 09:54
Heat: 10/10 Lane : 3 Athlete: DERRE FLEUR					Q-time: 01:13:18
PB (25m pool): 01:13.18 Durmehal 28/02/2026			PB (50m pool): 01:13.83 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.35		01:13.18	
	00:33.35		00:39.83		
					

Coach feedback:

Event number: 58: 200M BUTTERFLY WOMEN 15-16							Heat:2, starttime: 10:31	
Heat: 2/2 Lane : 1 Athlete: MURAT IREM							Q-time: 02:34:40	
PB (25m pool): 02:33.92 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:34.40SB: 02:33.92 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.76		01:11.29		01:52.26		02:33.92
	00:32.76		00:38.53		00:40.97		00:41.66	
								

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:2, starttime: 10:37
Heat: 2/10 Lane : 3 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN					Q-time: 01:12:85
PB (25m pool): 01:12.85 EEKLO 04/10/2026			PB (50m pool): 01:14.24 SB: 01:12.85 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.32		01:12.85	
	00:35.32		00:37.53		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:1, starttime: 10:52
Heat: 1/10 Lane : 3 Athlete: LALOO FÉLINE					Q-time: 01:13:86
PB (25m pool): 01:14.33 Temse 21/12/2025			PB (50m pool): 01:13.86 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.43		01:14.33	
	00:35.43		00:38.90		
					

Coach feedback:

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Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:8, starttime: 11:04
Heat: 8/10 Lane : 5 Athlete: DERRE FLEUR					Q-time: 01:07:48
PB (25m pool): 01:07.20 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:07.56 SB: 01:07.20 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.70		01:07.20	
	00:31.70		00:35.50		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14							Heat:3, starttime: 11:17	
Heat: 3/5 Lane : 2 Athlete: RENDERS KLAAS							Q-time: 02:33:23	
PB (25m pool): 02:32.10 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:39.35 SB: 02:32.10 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.66		01:15.02		01:54.25		02:32.10
	00:35.66		00:39.36		00:39.23		00:37.85	
								

Coach feedback:

Event number: 62: 200M BACKSTROKE WOMEN 13-14							Heat:2, starttime: 11:31	
Heat: 2/5 Lane : 8 Athlete: VERHULST NOOR							Q-time: 02:43:48	
PB (25m pool): 02:43.48 Zottegem 01/03/2026				PB (50m pool): 02:48.84 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.38		01:20.28		no time		02:43.48
	00:39.38		00:40.90					
								

Coach feedback:

Event number: 62: 200M BACKSTROKE WOMEN 13-14							Heat:5, starttime: 11:42	
Heat: 5/5 Lane : 2 Athlete: VERLUYTEN NIENE							Q-time: 02:28:86	
PB (25m pool): 02:28.86 TEMSE 23/11/2025				PB (50m pool): 02:32.86SB: 02:32.57 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.58		01:12.30		01:50.90		02:28.86
	00:34.58		00:37.72		00:38.60		00:37.96	
								

Coach feedback:

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Event number: 62: 200M BACKSTROKE WOMEN 13-14							Heat:5, starttime: 11:42	
Heat: 5/5 Lane : 4 Athlete: DE JONG SUZAN							Q-time: 02:24:57	
PB (25m pool): 02:24.33 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:27.42 SB: 02:24.33 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.63		01:09.95		01:47.44		02:24.33
	00:32.63		00:37.32		00:37.49		00:36.89	
								

Coach feedback:

Event number: 63: 100M MEDLEY MEN 15-16							Heat:3, starttime: 11:49	
Heat: 3/4 Lane : 3 Athlete: MICHIELS SIBE							Q-time: 01:02:21	
PB (25m pool): 01:02.21 Durmehal 27/09/2026				PB (50m pool): no time SB: 01:02.21 Durmehal 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:27.97		01:02.21				
	00:27.97		00:34.24					
								

Coach feedback:

Event number: 63: 100M MEDLEY MEN 15-16										Heat:4, starttime: 11:51	
Heat: 4/4 Lane : 6 Athlete: SCIACCA LEANDRO										Q-time: 01:03:16	
PB (25m pool): 01:03.16 EEKLO 04/10/2026					PB (50m pool): no time SB: 01:03.16 EEKLO 04/10/2026						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			no time				01:03.16				
	no time										
											

Coach feedback:

Event number: 64: 100M MEDLEY WOMEN 15-16							Heat:3, starttime: 11:56	
Heat: 3/5 Lane : 6 Athlete: STESENS EMMA-LOUISE							Q-time: 01:10:42	
PB (25m pool): 01:10.42 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): no time SB: 01:13.17 Durmehal 27/09/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:32.40		01:10.42				
	00:32.40		00:38.02					
								

Coach feedback:

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Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:3, starttime: 11:56
Heat: 3/5 Lane : 8 Athlete: MURAT IREM					Q-time: 01:12:75
PB (25m pool): 01:12.75 Durmehal 27/09/2026					PB (50m pool): no time SB: 01:12.75 Durmehal 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.35		01:12.75	
	00:33.35		00:39.40		
					

Coach feedback:

Event number: 64: 100M MEDLEY WOMEN 15-16					Heat:4, starttime: 11:58
Heat: 4/5 Lane : 5 Athlete: VAN BUNDER AMY					Q-time: 01:08:18
PB (25m pool): 01:08.18 Durmehal 27/09/2026					PB (50m pool): no time SB: 01:08.18 Durmehal 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.04		01:08.18	
	00:31.04		00:37.14		
					

Coach feedback: